

**Warwick Child Care Center, Inc. December 2009 Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
	12/1	12/2	12/3	12/4
	Wheat Toast w/ Jelly Juice	Rice Cakes Juice	Rice Krispies with Milk Juice	Cheese Toast Juice
<b>Milk served with all lunches</b>	Meat Loaf Mickey Mouse Red Potatoes Green Beans Cooked Mushrooms Biscuit	Veggie Wrap with Zucchini and Cucumbers Banana Vegetable Soup	Homemade Macaroni and Cheese Stewed Tomatoes Lima Beans	Turkey Noodle Casserole with Spinach Whole Wheat Noodles Mixed Vegetables/ Peaches
	Non-Fat Vanilla Yogurt with Pineapple Water	Super Soy Butter on Whole Wheat Toast Juice	Cheese Cubes/Frozen Grapes Water	Saltine Crackers w/Super Soy Butter Juice
12/7	12/8	12/9	12/10	12/11
Banana/Graham Crackers/Water	Cinnamon Wheat Toast/Juice	Oatmeal with Raisins/Juice	Hard Boiled Egg/Juice	Corn Flakes with Milk/Juice
Whole Wheat Pizza Tossed Salad Melon	Chicken Casserole w/Mushrooms Mixed Veggies Wheat Dinner Roll Kiwi	Super Soy Butter and Jelly Sandwich On Whole Wheat Bread Vegetable Soup Pears	Stuffed Peppers Brown Rice Orange Slices	Nemo Tuna Salad on Wheat Pita Celery with Cream Cheese Grapes
Whole Wheat Breadsticks/Juice	X-Ray Vision Carrots Green Pepper Strips w/Dip/Juice	Animal Crackers Juice	Ritz Crackers with Cheese Juice	Granola Bars Juice
12/14	12/15	12/16	12/17	12/18
Cheerios with Milk/Juice	Hearts of Gold/Juice	Unsweetened Applesauce with Cinnamon/Milk	Whole Wheat Bagel/Juice	
Egg Salad Sandwich on Whole Wheat Bread Chicken Noodle Soup Banana	Popeye's Spinach Tuna Casserole with Whole Wheat Penne Pasta Yams Apple Slices	Spaghetti with Meatballs Whole Wheat Pasta Tossed salad Pears	Chicken Salad on Wheat Roll with Lettuce and Tomatoes X-Ray Vision Carrots Sticks Pickles	Pot Luck Lunch & Snacks
Fruit Cup with Pretzels Water	Frozen Yogurt Juice	Non-Fat Vanilla Yogurt Saltine Crackers/Water	Orange Wedges Graham Crackers/Water	
12/21	12/22	12/23	12/24	12/25
Melon Milk	English Muffin with Jelly Juice	Rice Krispies with Milk Juice		
Chicken Quesadilla with Mushrooms/Avocado/Tomatoes Whole Wheat Tortilla Pears Baked Beans	Chef Salad Hard Boiled Egg Garbanzo Beans Saltine Crackers/Pears	Taco Bake Power Peas Fruit Cup	<b>Closed in Observance of Christmas</b>	<b>Closed in Observance of Christmas</b>
Fish Crackers Juice	Mushrooms and Sugar Peas with Dip/Juice	Cottage Cheese with Apple Butter Water		
12/28	12/29	12/30	12/31	1/1
Trail Mix Juice	Cheerios with Milk Juice	Celery Sticks/Cucumbers With Hummus/Water	Apple Wedges w/Ritz Crackers Water	
Chicken Nuggets Beets Wheat Dinner Roll Fruit Cup	Ravioli Broccoli Orange Slice Wheat Roll	Grilled Cheese Whole Wheat Bread Tomato Soup Apple Slices	Chicken Burrito on Whole Wheat Tortilla Salad with Baby Spinach Corn	<b>Closed in Observance of New Year's Day</b>
Nachos w/Cheese Juice	Cheese- its Juice	Banana Bread Juice	Dinosaur Broccoli Trees Cauliflower with Dip/Juice	

